



**August 24, 2023**

**Agenda-at-a-Glance – Draft**

Zoom Link: to be sent the week of the program

All times are listed as Central Time.

| Thursday, August 24, 2023  |  | All Times Listed are CST (Central Time) |
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| 9:00 a.m.<br>to 9:20 a.m.  | <p><b>Welcome to Leadership Women</b></p> <ul style="list-style-type: none"> <li>➤ <b>Heidi Murray</b>, Chief Operating Officer, Dallas, Texas</li> <li>➤ <b>Linda Crompton</b>, President &amp; CEO, Vancouver, BC</li> </ul> <p><i>Leadership Pipeline is designed to help you become your best personal and professional self by teaching you valuable new skills, as well as making you part of our network of accomplished and successful women. As the longest running women’s leadership program in the country we have over 40 years of experience and a national network of women ready to welcome you!</i></p>   |   |
| 9:20 a.m.<br>to 9:50 a.m.  | <p><b>Leadership Pipeline 2023 Speed Networking – Class Meet &amp; Greet</b></p> <p><i>What is your industry? Where do you live and work in the country? What are your challenges? Let’s talk!</i></p>   |   |
| 10 Minute Break – grab some coffee, stretch, relax or take a short walk. |  |   |
| 10:00 a.m.<br>to 11:30 a.m.  | <p><b>The Change Cycle: Cognitive Understanding to Change for Leaders</b></p> <ul style="list-style-type: none"> <li>➤ <b>Dr. Erin Crosby</b>, Greenwich, CT</li> </ul> <p><i>No matter who you are or what you do, change will find you. Even when the change will ultimately be beneficial, the process of getting there can be a challenge for individuals and teams. Change is part of the human experience, yet very few of us have been taught how to understand it or deal with it effectively. For leaders, navigating change is about understanding how people think, feel, and behave amid change and showing those you lead how to get to the other side. During this interactive session, Erin O. Crosby will introduce you to the Change Cycle, a human-centered cognitive approach to change management. Backed up by neuro-science, we will discuss how to move yourself and others through the stages of change as experienced by the human brain. So, whether you’re navigating the realities of a promotion, taking a leap of faith, starting your own business, or moving your family to a new city, this session will equip you to handle the ups and downs of professional and personal change.</i></p> |   |
| 1 Hour Lunch Break   |  |   |
| 12:30 p.m.<br>to 1:30 p.m.   | <p><b>Honoring Your Path to Purpose Along the Leadership Trail</b></p> <ul style="list-style-type: none"> <li>➤ <b>Dr. Alise Cortez</b>, Dallas, Texas</li> </ul> <p><i>Successful leaders are not only goal-driven, but also aligned with purpose. What leader has made a real difference in your life? Who do you aspire to be as a leader, and what impact do you hope to cause and why? In this fun and interactive session, we’ll explore your personal leadership journey and how you can show up for yourself</i></p>   |   |

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|  | <i>and your teams by honing in on what you want from your career beyond goals and promotions.</i>   |
| <b>10 Minute Break – grab some water, stretch, relax or take a short walk.</b> |   |
| 1:40 p.m.<br>to 2:40 p.m.  | <p><b><i>Stress Management and Balance</i></b></p> <p>➤ <b><i>TBD</i></b></p> <p><i>We are all in the pursuit of rich professional and personal lives, but at what personal cost? Work &amp; family stress – along with post-pandemic adjustments, financial realities and geo-political uncertainty makes this one of the most historically stressful times in our country. As leaders, how do you take care of yourself – and also understand the tools to help your teams and colleagues cope.</i></p>   |
| 2:40 p.m.<br>to 3:40 p.m.  | <p><b><i>Women Investors - What You Need to Know</i></b></p> <p>➤ <b><i>Lisa Fox Danford, CFP, North Fort Myers, Florida</i></b></p> <p><i>Inflation, recession and bear markets, oh my! Money equals choices in life and now, more than ever, it's important for women to take control of their finances and be educated about what is happening in markets around the world. Even if you have little or no experience with finances, Lisa Fox Danford will walk you through the benefits of financial planning and how you can act now to prepare for life's curve balls.</i></p>   |
| <b>20 Minute Break – Prepare for your Mentor Session</b>                       |   |
| 4:00 p.m.<br>to 4:50 p.m.  | <p><b><i>Mentor Roundtable: Welcome to the Leadership Women Network!</i></b></p> <p><i>This is your priceless opportunity to meet with seasoned successful women leaders who have not only 'been there, done that' but are willing to talk about it! This hand-selected group of Leadership Faculty (Mentors and Guides) want to help you be your best self both personally and professionally. Each has rich and dynamic stories to share about experiences lived and lessons learned across uniquely varying professional and personal backgrounds. What happens at Leadership Women stays at Leadership Women – and no question is off limits.</i></p> |
| 4:50 p.m.<br>to 5:00 p.m.  | <p><b><i>Wrap-Up</i></b></p>  |

*Session topics, speakers and times subject to change.*